

Bringing Real Food to you.



Bring the Real Food Eatery dining experience to your next meeting or event. Our packages serve 10-200 and enable your guests to fully customize their plate or bowl, in the same way they can when dining in our restaurant.

- 2 entree options
- 2 base options
- 4 side options
- 2 sauce options
- Plates & Bowls, Utensils, Napkins, Servingware
- Sternos with wire racks & fuel available (additional charge)
- Delivery (additional charge)

Ready to order?

Please send orders or questions to:
catering@realfoodeatery.com

REAL SPREADS

\$13 per person

serves 10-200 people

All packages include:

Choose 2 Entrees:

Organic Tofu
Lemon Herb Chicken
Mom's Meatballs (*grass-fed*)
Grass-fed Sirloin +\$2.00/person
Salmon Filet +\$3.00/person

Choose 2 bases:

Brown Rice
Quinoa
Spring Mix
Chopped Kale

Choose 4 Sides:

Cold
Sweet Potato Hummus
Broccoli Salad
Moroccan Chickpea Salad
Avocado Half
Warm
Parmesan Roasted Broccoli
Roasted Sweet Potatoes
Golden Cauliflower
Fennel Roasted Carrots
Balsamic Beets

Choose 2 Sauces

Sesame
Spicy Sriracha
Soy Ginger
Basil Almond Pesto
Golden Raita

*Detailed ingredients can be found at realfoodeatery.com/menu
Allergens are listed in the Lunch/Dinner section of this menu.*

A la carte Add-ons

Like a bit more food and variety? Our a la carte entrees and sides offer 10 servings each.

For hungry crowds, we recommend 1 additional entree or side for every 20 people.

Entrees

Organic Tofu	\$35
Lemon Herb Chicken	\$46
Mom's Meatballs	\$55
Grass-fed Sirloin	\$80
Salmon Filet	\$85

Any side	\$25
House Salad	\$25
Drinks	<i>call/email to inquire</i>
Desserts	<i>call/email to inquire</i>